

# Sustainable & Green Travel in Myanmar

Tour Code: SYM-SUS001

Duration: 18 Days 17 Nights

Coverage: Yangon - Bagan - Poppa - Mandalay - Inle - Kalaw - Loikaw - Yangon

## Day 1: Yangon Arrival



Arrive Yangon international airport, meet the native English-speaking guide. Transfer to hotel for check in. Overnight at Lotte Hotel.

## Day 2: Yangon



After Breakfast, start sightseeing of Yangon city center, Sule Pagoda, City Hall, High court, Independence monument, where you can see the bustling life of the city, Then proceed to the well-known Bogyoke (Scott) market- the famous market of Yangon, Chauk Htat Gyi Buddha image – the 70 ft fourth largest colossal reclining image in Myanmar. and the most spectacular religious edifice Shwedagon Pagoda for daybreak sunset. Overnight at Lotte Hotel in Yangon.

## Day 3: Bagan



After breakfast, the car will take you to the Airport for departure from, Yangon to Bagan by morning flight. The flight time to Bagan is 8:10 Am and the approximate time to arrive Bagan is 9: 10 am in the morning. Our Stationed guide will welcome you at the airport. Bagan excursion will start from the Bagan Archaeological Zone Heritage area and begin a comprehensive tour of Bagan including; visit to the interesting local Nyaung Oo market where you can buy some cotton clothing or local woven fabrics and souvenirs. Shwe Zi Gon Pagoda; completed in 1084, noted for its glazed plaques depicting scenes from the Jatakas the prototype of later Myanmar stupas. Wet Kyi Inn Gubyaukgyi Temple; the biggest and the finest brickworks temple in Bagan. The majestic Htilominlo Temple; built in 1211 AD and one of the largest temples, noted for its fine plaster carving on the arch pediments and friezes. In the afternoon, after a visit to lacquer ware workshops; continue to Manuha Temple built by exile King Manuha. Ananda Temple, 1090 AD, a masterpiece of early period temple architecture with four huge standing Buddha Images. Overnight at Aureum Palace hotel Bagan. ( Lunch and dinner will be upon your convenient time)

## **Day 4: Visit to Bagan, Traditional Villages**



After morning breakfast, visit to famous villages of Min Nan Thu and Phwa Saw, learning about lacquer and ox-cart making, here you even can try yourself. Afternoon take an excursion to main pagodas in Old Bagan: Dhammayangyi Pahto and

Thatbyinnyu pagodas. Enjoy the sunset in Bagan. Overnight at Aureum Palace Resort in Bagan.

## **Day 5: Bagan – Mt. Popa / Mandalay**



After morning breakfast, drive to Popa Mountain. Mount Popa- an extinct volcano shrines share the view of Mt. Popa environ. Stop along the way to visit a culture of toddy palm trees, discover the collection and manufacture of

sweets, gegary and local alcohol from palm juice. Climb 777 steps to the top of the volcanic cone TaungKalat and visit the temple. Continue to Mandalay. There are many monkeys along the stairs and be aware of your things. The driving time from Popa to Mandalay is around 3:30 – 4 hours. Overnight at Hilton Hotel in Mandalay.

## **Day 06: Mandalay - Pyin Oo Lwin**



After morning breakfast, drive to Pyin Oo Lwin, formerly and colloquially referred to as Maymyo, is a scenic hill town in Mandalay Division, located in the Shan Highland, some 67 kilometers east of Mandalay.

Arrival there, visit the beautiful Botanical Garden, National Races Villages, PweKauk Waterfall, Peik Chin Myaung cave, one of the most attractive in Myanmar and home to many Buddhist images. Further down the walkway is a small market selling local souvenirs and handicrafts. Return back to The View hotel. Overnight in Pyin Oo Lwin.

## **Day 07: Mandalay - Amarapura - Mingun - Mandalay**



After morning breakfast, Pyin Oo Lwin to Mandalay by private car, transfer to jetty for a boat trip on the Ayayarwaddy River to Migun village about 11 km (1 hour) upriver from Mandalay, visits

the huge Pa Tho Daw Gyi : - One of the world's largest unfinished monument built by King BodawPaya. Mingun Bell: - weighing 90 tons the world's second biggest bronze bell, and visit Mya Thein Dan Zedi. And then visit the Amarapura sightseeing's the famous MahaGan Da Yone Monastery. Proceed to the 1.2Km

long U-Bein teak bridge which was recuperated from the waste of abandoned Ava palace, Wood carving, Marble carving, Bronze casting. Lunch Break return to, Sunset from Mandalay Hill. Overnight at Hotel in Mandalay.

## **Day 08: Mandalay City Tours - Mandalay - Heho**



After morning Breakfast, start visiting Maha Muni Bronze Buddha Image: - A spectacular Buddha image of Rakhine feature, Gold leaf processing method. Shwe Nan Daw Kyaung:-(Golden Royal Palace Monastery) a traditional teak architect handicraft design, Ku Tho Daw Pagoda: - known as the world' s biggest Buddhist scriptures book, consisting of 729 marble slabs. Transfer to airport to depart from Heho. The stationed guide will meet you at the airport and overnight in Kalaw After breakfast, take a day return soft trekking to explore the Palaung, Danu, Pa-o ethnic hill tribe cultural, ways of life and colorful costumes near Kalaw environ. Famous for its unique trekking area in Myanmar, where our ethnic groups Palaung, Pa-o, Danu, TaungYoe exist with their own traditional culture. Kalaw stands high on the western edge of the Shan Plateau. This was a popular hill station in the British days and it is still a peaceful and quiet place and you will find reminders of British colonial times. Come back to the Kalaw. Overnight in Kalaw Hill Lodge.

## Day 09: Kalaw Trekking



After breakfast, take a day return soft trekking to explore the Palaung, Danu, Pa-o ethnic hill tribe cultural, ways of life and colorful costumes near Kalaw environ. Famous for its unique trekking area in Myanmar, where our ethnic groups Palaung, Pa-o,

Danu, TaungYoe exist with their own traditional culture. Kalaw stands high on the western edge of the Shan Plateau. This was a popular hill station in the British days and it is still a peaceful and quiet place and you will find reminders of British colonial times. Come back to the Kalaw. Overnight in Kalaw Hill Lodge.

## Day 10: Kalaw city Tours - Pindaya



After breakfast at hotel, drive to Pindaya Caves, these caves are ensconced in a limestone ridge overlooking the lake. Inside the cavern there are more than 8000 Buddha Images-made from alabaster, teak, marble, brick, lacquer and cement and

are arrange in such a way as to form a labyrinth throughout the various cave chambers. Lunch at the local restaurant. Then proceed to Shwe U Min Paya. This is a cluster of low stupas just below the ridge near the Pindaya Caves. You can also explore the district for famous traditional paper and its umbrella making

home base cottage industry. After that drive to Kalaw( known as Pine City ), 1320m above sea level. A peaceful resort with fragrant pines and misty blue mountain ranges. Overnight at the Kalaw lodge hotel in Kalaw.

## **Day 11: Kalaw - Nyaung Shwe**



Morning free and leisure time at the hotel and check out around 10:00 am, check out from Kalaw Hill Lodge Hotel and proceed to Inle Lake. The driving time from Kalaw to Nyaung Shwe, Inle is approximately 2-3 hours. Check in

Pristine Lotus Hotel. Overnight in Inle.

## **Day 12: Inle sightseeing (by boat)**



Morning explore the beautiful landscape floating market, floating gardens, conical fishing method, Famous Phaung Daw Oo Pagoda, Nga PheKyaung (Jumping cat) monastery – a beautiful collection of antique Buddha statues stored in an

ancient teak monastery, Silver smith designs of Inlay by boat. Overnight Pristine Lotus Hote in Inle.

### **Day 13: Indein Sightseeing (by boat)**



After Breakfast, morning boat a canoe tour to Indein. On arrival at the site, climb up the hill where the ancient pagodas complex Indein has been located since 17th century. Drop in Nampan, sightsee the typical stilt houses on the water, small hand-made cheroot (traditional local cigar) factories and the oldest pagoda on the lake, the AlodawPauk Pagoda, a large gem-encrusted golden shrine, Overnight at Pristine Lotus Hotel in Inle.

### **Day 14: Inle to Loikaw (by boat)**



Inle to Pe kon by boat. Take the 4-hour long-tail boat trip to Loikaw and proceed from Pe kon to Loikaw by a car for one and a half hours. There is some hidden treasure Pagoda such as Tharkhong and Samkar Pagoda on the way to Pe kon. Sightseeing spots are these Pagodas and continuing to Pe kon. Lunch at a local restaurant in Pe kon. Pe Kon Loikaw by private car. Overnight Loikaw Lodge in Loikaw.



## Day 15: Loikaw & Surroundings



Arrive in Loikaw in the early morning where you will be met by your local guide and check into your hotel. We begin the day with a tour of Loikaw's highlights with stops at the Haw Kyaung, a former Shan chieftain's palace, which has been converted into a monastery and the - Kayah State Museum, to learn about the fascinating history and culture of the state. After a lunch stop, we drive 30 minutes out of town into the serene countryside to explore the recently opened Kyat Gu cave, located 10-mile away from Loikaw, this sprawling natural limestone cave is well-known for its broken wooden boxes which are believed to be coffins from many years ago. In the late afternoon we return to town to enjoy a beautiful sunset atop Loikaw's iconic TaungKwe Pagoda. Virtually rocketing from the landscape is this explosion of craggy limestone and white and gold stupas. The mountaintop Buddhist temple compound is Kayah State's the most famous sight. Its stunning panoramic views of the town and countryside are really breathtaking. Christ The King Cathedral It was built in 1939, making it Kayah's oldest-surviving church. It features an intriguing blend of traditional European church architecture and local Buddhist styles, including an attractive bell tower with a bell brought from Italy.

## Day 16: Day Trip to Pan Pet



After breakfast at your hotel, we set off to visit the Kayan (Padaung) minority villages of Pan Pet. On the way we can visit NgweTaung Dam. The scenic man-made dam is located 10 miles south of Loikaw in

Deemoso sceneries Township, on the way to Pan Pet Kayan village. It is a local hotspot for leisure due to its beautiful with hills backdrop and restful atmosphere. The Kayan ‘Long Neck’ Ladies are famous for their traditional brass ring necklaces that appear to elongate their necks. On arrival at Pan Pet, you will be received by a local community guide. Taking advantage of the cool morning weather, your guide will begin the visit with a moderate hike along a scenic nature trail. As we climb the hill, your guide will stop to explain important cultural sites on the way. These include a monument which honors the village clan, an animist bird totem, and a guardian spirit cave. The two-hour hike ends at a beautiful viewpoint, with a panoramic view of the surrounding mountains, rice fields and the five hamlets of Pan Pet. After a picnic lunch at the scenic spot, we continue to the hamlet of Salong Kana where you will be able to meet with members of the Kayan community to get an insight into the local life and culture. During your time at the village you will also have a chance to visit traditional Kayan homes and observe artisans making Kayan bracelets, weaving traditional textiles, carving wooden statues and other handwork.

After a full day spent with these fun loving and artistic people, we say our farewells and return to Loikaw in the late afternoon. Overnight at Loikaw Lodge Hotel.

## **Day 17: Loikaw to Yangon**



After morning breakfast, transfer to airport, Loikaw to Yangon by flight. Check in hotel. Overnight in Yangon.

## **Day 18: Departure**



After breakfast at hotel, leisure time to pursue individual interest until transfer to the airport for next departure from Yangon.

## **Inclusions**

Hotel based on twin sharing or double room with daily breakfast  
Ground transportation with private A/C vehicle during tour  
English speaking station guides for sightseeing  
Inle, Loikaw & Indein boat fees  
3 ways domestic flights (Yangon-Bagan, Mandalay- Inle,  
Loikaw-Yangon)

## **Exclusions**

Early check in & late checkout fees  
International air fare  
Visa Fees  
Drinks, beverages, laundry, tips and other expenses  
Surcharges if any (upon booking and increasing of fuel charges  
and admission fee with prior notice)  
Bank transfer fee / online transaction fee  
Meals (L=Lunch & D=Dinner)  
Tipping For Guide & Driver  
Entrance & admission fee as per itinerary